









Project number: 2020-2-PT02-ESC21-006950

#### Cofunded









## **Burak CAYCI**

Intern in Portugal under SOPRO's flag Supported by Erasmus+ programs

### **Marcio Campos**

Portuguese intern,





**Antonio Paone** 

Intalian intern, from Italy

Cofunded CORPO EUROPEU DE SOLIDARIEDADE SOPR Erasmus+





#### Supporting SOPRO volunteers

Mentor of long-term volunteers. Conflict management, dynamization of activities, support in overcoming difficulties.)

Mentoring activity "Coffee with the mentor". Request the monthly report and request the payment of the volunteers' pocket money. Keeping project files up to date, communicating with partners and promoting Eurodesk.

#### Logistics

Organization of the logistics of volunteer activities, support in the management of the volunteers' houses, booking transport, coordination with the SOPRO team in logistical aspects.

Preparation of workshops, such as International Women's Day, debates on various topics, organization of mildfulness activities. Support in the presentation of thematic days and the countries of the volunteers.







- Spending free time together with the organization long term volunteers
- Realizing personal projects
- Learning news language
- Meeting new people outside of the organization
- Participate in training provided by the National Agency (Arrival and Middle term).
- Getting to know other cultures
- Traveling







































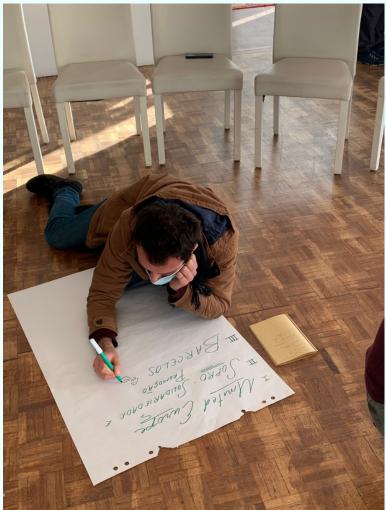
































## Complementary activity









# Complementary activity









"United Europe" was an internship project, funded by the European Solidarity Corps, through the National Agency of Portugal, which aimed to develop personal and professional skills in young people, help them prepare for the job market, with multilingual skills, intercultural literacy and digital literacy. Young man with greater resilience and greater ability to solve problems.

The objective is to help these young people to grow and to know the values, spirit and European unity. This project also aimed to challenge and strengthen the local community, opening horizons to locals, who welcome interns with open arms, in a 12-month project.



